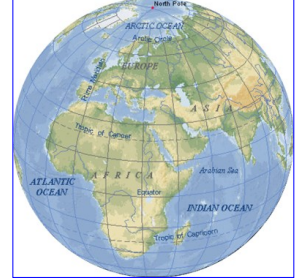




JANUARY - 2013

Paddy's PRAYER REQUESTS



“ And now that I am old and gray, do not forsake me. Give me time to tell this new generation (and their children too) about all your mighty miracles.” Psalm 71:18

Praises: - *FOR PADDY'S MIRACULOUS DELIVERANCE from his fall.*

One Week Later: Thanksgiving for Paddy's Progress

We are awed and amazed at the LORD's mercy to us and we give Him great thanks. **One week ago, Paddy fell in the dark, head first off a 7 foot retaining wall, onto concrete.** The injuries that the ER doctor catalogued to me included blunt force trauma to his spleen, complicated by uncontrolled bleeding, and head trauma with suspected internal bleeding, compounded by the necessity of intubation.

The abdominal bleeding ceased within hours and surgical intervention was not necessary. He was admitted to the Trauma ICU in the wee hours of Thursday. The tube in his airways was removed later that morning. He gave clear indications on Thursday by the things he said that he was fully himself, though badly damaged. These three gifts from God, gave me reasonable cause to believe that Paddy would eventually recover from his all his injuries.

Paddy was discharged from the hospital on Sunday evening. His head injury is diagnosed as a concussion. The bleeding was not seen on the CT again so either it was never present, was so minimal it could not be imaged consistently, or it resolved itself. On the night of the accident, the ER doctor told me that a concussion would be the best news I could hear. Paddy's most serious medical concern is the damage to his spleen. This requires a six week healing period without any twisting, jarring, bending or weight bearing. There is a risk of spontaneous bleeding, so he is advised to rest a good deal.

One week after his fall, he is at home resting. He feels very weak and extremely tired, but he is able to get up and down from his bed or chair, come to the table, and talk on the phone. I have forbidden stairs and settled him in our downstairs guestroom. I banished his big boy rocking chair because he stumbled on the base and lost his balance, but the loss has been softened by the sacrificial loan of our pastor's own recliner. We have received very tender pastoral care and much compassion and kindness from our family and friends, near and far.

Paddy and Matthew had already purchased the plane tickets for their mission trip to Iceland on February 15th. The doctors do not bar hope of them going, as long as the recovery goes well and Paddy is cautious. Please join us in praying that God will grant healing for Paddy, as well as every other necessity for their trip.

Finally, Paddy is over-joyed to be experiencing God's faithful financial provision in his ministry. Even at Christmas, it was not certain that we would end the year in the black, yet here we are in Paddy's 25th year with PEF, again giving testimony to the LORD's faithful provision. Surely He has been good to us! Rejoice with us, even as you continue to pray for Paddy's healing, the trip to Iceland and recovery and safety for all of us, as we all feel the effects of this trauma in one way or another and he is not the only one showing evidence of short-term memory loss. You have been a great blessing from God to us... He is our hope and salvation. Praise Him forever!

Your friend, Sheila Cook

[ICELAND TRIP - LETTER FROM MATTHEW COOK](#)

December 24, 2012

Dear Friends and Family,

My name is Matthew Cook, and I am a member at Lookout Mountain Presbyterian Church and a Senior at Chattanooga Christian School. I am writing to tell you about my Senior Project plans and ask for your help. For several months I have been planning a mission trip to Iceland as the personal assistant to my father, the Rev. Paddy Cook, who has been an evangelist with PEF (Presbyterian Evangelistic Fellowship) for 25 years. You will find his PEF webpage at <http://pefministry.org/Site/Cook.html> where you can follow links to the reports of Paddy's work.

The goal of the project is to speak to as many people about Jesus, as the Lord purposes, with the particular desire to meet and encourage a National Christian man to whom we can give sound theological books in order to help him develop as a Christian leader in his own country.

The project will take place during the CCS Winter Interim, February 15th to 23rd, 2013. We will buy the tickets and pray that the Lord will fill in the blanks on our Prayer Calendar according to Psalm 139:3 *"You chart the path ahead of me, and tell me where to stop and rest. Every morning you know where I am."* Dad wrote, "This short period of time will be set apart with an increased intention to live and obey Scripture so that our steps can be measured, the Lord's leading can be recalled and documented, and His fruit observed and recorded."

We will make a prayer calendar and invite family, friends, supporters, and classmates to pray for us any time, day or night. I will photograph and journal our trip so that I can write a short report and prepare a power point presentation for my class. In order to go, I need to raise \$3250 dollars. \$1200 is for the air-fare. The remaining money covers food, accommodation, transportation, travel & health insurance for ten days, and a \$500 contribution toward the donation of books. Thankfully, my dad is able to purchase the books at deep discounts from the publishers or directly from the authors. I am sending about seventy letters and asking each family to contribute fifty dollars. Thank you for your help and for your prayers for our trip. If you wish to help, you may send your contribution to

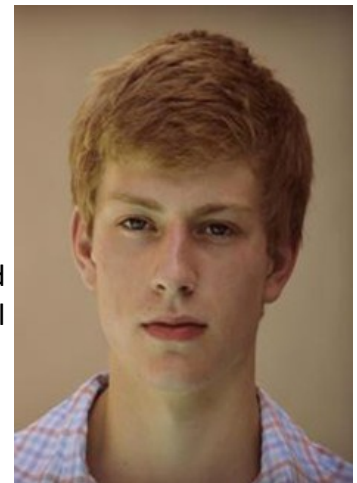
**Presbyterian Evangelistic Fellowship
425 State St., Suite 312,
Bristol, VA 24201**

Or you may contribute online with a credit card at

<http://www.pefministry.org/Site/Welcome.html>

Please designate your contribution to Paddy Cook for Matthew's Iceland Mission Trip. Please pray that God would fund this mission trip, that He will protect us, and make our work in Iceland fruitful.

Sincerely, In Christ, Matthew Cook



Pray that God would raise up educated National pastors in EUROPE, the Middle East, Morocco, New Zealand and Scandinavia.